

VAWA Take Action Checklist

To build upon the success of VAWA and ensure that instances of sexual and domestic violence decline, and that victims have full access to treatment and supportive services we must all work together and speak out.

Contact Congress:

- There are vital pieces of legislation that can help us achieve our goal to end violence against women. Learn more about our legislative priorities regarding VAWA and other efforts to end violence against women.
 - ADD ANY CURRENT ACTION ALERTS OR “ASKS” HERE.
- Call the Capitol Switchboard at 202-224-3121 and be connected to your representatives in the House and Senate to tell them you want to see definitive action to end violence against women. Here is a [directory of current members of Congress](#). If you can call during the time when Senators and representatives are home in your state, you can contact one of their several in-state offices. Just check their websites to find contact information.
- Check out NOW’s Previous Action Alerts on VAWA and related anti-violence legislation to understand how we advocate:
 - [Reauthorize VAWA NOW!](#) (February 2022)
 - [Unite Against Violence](#) (September 2022)
 - [Urge the House to Vote Yes on VAWA](#) (March 2021)
 - [Tell Senate Republicans to Stop Delaying VAWA – Pass it NOW](#) (June 2021)
 - MORE?

Join us for important virtual and in-person events

- Watch our virtual events:
 - NOW’s [Addressing the Femicide](#) Missing and Murdered Indigenous Women virtual townhall and [learn more about our expert speakers](#).
 - Conversations with Christian: An [Instagram Live](#) conversation about mental illness and domestic violence.
- OTHERS?
- Host your own rally in support of anti-violence programs, especially when the time comes to reauthorize VAWA again. [Learn more with our Rally Checklist](#).

Educate yourself:

- Check out NOW’s Statements, Blogs and More -

- [NOW Celebrates VAWA Victory](#)
 - [Violence Against Women in the United States: Statistics](#)
 - [Black Women and Sexual Violence](#)
 - [NOW Supports National Week of Action for Missing and Murdered Indigenous Women](#)
 - [Indigenous Women Can't Get Justice: You Should Care](#)
 - Become a [NOW member](#) to receive regular updates and action alerts on issues surrounding VAWA and violence against women.
- Write letters to the editor and op-eds to your local papers in support of increased funding for programs targeting violence against women.
- Speak out on social media:
- Speak out against violence against women during commemorative times of year highlighting women's rights:
 - **March 8:** Women's Rights Day
 - **May 5:** [National Missing and Murdered Indigenous Persons Day](#)
 - **April:** Sexual Assault Awareness Month
 - **October:** Domestic Violence Awareness Month. (Get NCADV's [#WeAreResilient social media tool kit.](#))
 - **December:** [Stalking Awareness Month](#)