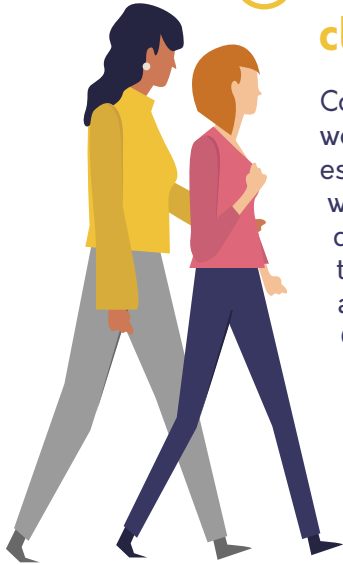


# 5 Ways to Help Protect Abortion Rights

## ① Become a clinic escort



Consider becoming a women's health clinic escort. These volunteers walk women into the clinic, helping shield them from often vocal anti-abortion protesters. Go to [now.org/chapters](http://now.org/chapters) to find your local chapter and become a clinic escort volunteer.

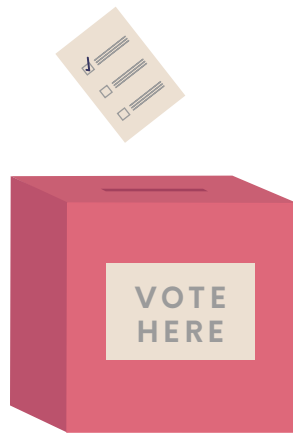


## ② Protect abortion pills

Educate yourself about the use of abortion pills in this country, which will likely become a hot topic along with the abortion bans.

## ④ Prioritize your local elections

Your state legislators and even city councils have enormous power over abortion rights and, as noted in the New York Times, "The makeup of your City Council can also matter a great deal — decisions about zoning and even noise ordinances can make the difference between a clinic staying open or being forced to close.



## ③ Write about it

Write and submit letters to the editors of your local news outlets proudly exclaiming your support for women's rights to legal, safe, affordable and accessible abortion care.



## ⑤ Don't end the conversation

Contact your state and national policymakers and demand that they support women's reproductive freedoms and stop unnecessary and unconstitutional restrictions on abortion care.

