

TAKE ACTION: SAVE THE AFFORDABLE CARE ACT



In the 115th Congress, right-wing lawmakers are trying to repeal the Affordable Care Act (ACA) and replace it with the American Health Care Act (AHCA). Thanks to the ACA, approximately 9.5 million women who were previously uninsured have gained health coverage and **55 million women now have access to birth control and vital preventive care without copays or deductibles.** These services include: annual exams, screening for sexually transmitted infections, contraception, and counseling for intimate partner violence.

As we recently saw in the House of Representatives, leaving conservative lawmakers to their own devices is not a winning strategy. Stopping the AHCA from passing in the Senate will require a concerted effort from the public. **Below are action steps to save our healthcare.**

1. CALL YOUR SENATORS



Since November 2016, women have made 86% of calls to Congress and the White House. We need to build on this momentum to demand transparency and ask that Senators vote “NO” on the AHCA. Call your Senators at **202-224-3121** and reference the National Action Program’s AHCA call script to make your voice heard.

2. TEXT YOUR SENATORS



Send your Senators a text using Resistbot! Text “**RESIST**” to **50409** to send a message to your representatives. Resistbot will transmit your text as a fax to your Senator's Office.

Hi, I'm Resistbot. I'm going to help you contact your officials. What would you like to tell them?

I rely on the ACA, and I want you to vote against repealing my health care.

Sounds great! I'll deliver that to Senators Brown and Portman.

3. EMAIL YOUR SENATORS



Go to <http://now.org/nap/reproductive-justice/> to send an email to your Senator. The more noise we make, the more likely it is that we will stop the AHCA.

4. ATTEND AN EVENT OR RALLY



Showing up in person to voice your concerns about the AHCA builds awareness and holds representatives accountable in a public forum. This accountability trickles into legislative action. To find events in your area, check out social media and newsletters from activist groups in your community.

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5. GO TO A TOWN HALL, BRING A GROUP!



Town halls provide an opportunity to speak directly to your representatives and make a statement. Come prepared with signs and talking points and bring along your fellow activists. Find a town hall near you: <https://townhallproject.com/>

6. SCHEDULE A LOBBY MEETING WITH YOUR SENATORS



Lobby meetings put a face to your issue and give you the chance to speak truth to power. Meeting with a representative or a member of their staff helps to shape their opinion.

7. LEARN MORE AND INFORM OTHERS ABOUT THE AHCA



Knowledge is power! Check out the National Action Program's ACA and AHCA Toolkit for information on how the AHCA hurts women. Share with your fellow activists!

8. MAKE YOUR VOICE HEARD ON SOCIAL MEDIA



Social media is a powerful tool to make your voice heard. **Tweet at your representatives to ask that they vote "NO" on the AHCA** and to share your health care story! Below are sample tweets and twitter handles for Senators who are still undecided on this disastrous legislation.

Sen. Rob Portman (R-OH) @senrobportman
Sen. Lisa Murkowski (R-AK) @lisamurkowski
Sen. Susan Collins (R-ME) @SenatorCollins
Sen. Bill Cassidy (R-LA) @BillCassidy

Hey, @_____ don't forget about your constituents: supporting the AHCA will remove health care for millions people.

The AHCA guts Medicaid, leaving millions without health coverage. Is this what you want for your constituents @ _____.

The AHCA leaves the elderly,
low-income workers,
and women
VULNERABLE

Call your Member of Congress at
844-432-0883
and tell them to vote "NAY" on the AHCA

#ProtectOurCare

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